

# Track Day & Camping Checklist

## Riding Gear

- ☐ Helmet (<5 years, with visor options & tear-offs)
- ☐ Leather suit or 2-piece with ¾ zip
- ☐ Boots (ankle covering)
- ☐ Gauntlet gloves
- ☐ Ear plugs
- ☐ Rain shell
- ☐ Back & chest protectors
- ☐ Helmet bag
- ☐ Gear bag
- ☐ Extra knee sliders
- ☐ Ear plugs
- ☐ Sunglasses (regular & prescription)
- ☐ Hat
- ☐ Warm hoodie
- ☐ Base layers hot & cold
- ☐ Compression shorts
- ☐ Socks
- ☐ Mittens/Gloves
- ☐ Rain shell
- ☐ Towel (for sweat)
- ☐ Dry clothes to change into
- ☐ Change of clothes (general)
- ☐ Leathers/air vest charging cord
- ☐ Sturdy hanger for leathers
- ☐ Leather or helmet drier
- ☐ GoPro + charger

## Camping Extras

- ☐ Tent
- ☐ Sleeping pad
- ☐ Sleeping bag / blankets
- ☐ Pillow
- ☐ Toilet paper
- ☐ Plastic bags
- ☐ Paper plates
- ☐ Lighter / lighter fluid
- ☐ Ryobi light

## Clothing & Personal

- ☐ Base layer
- ☐ Gym shorts
- ☐ Sleeping shorts
- ☐ Extra socks
- ☐ Sunglasses
- ☐ Baseball hat
- ☐ Warm hoodie
- ☐ Spare change of clothes @ lunch time
- ☐ Shower shoes / flip flops
- ☐ Towel & wash cloth
- ☐ Dopp kit + shampoo
- ☐ Sunscreen
- ☐ Prescription sunglasses
- ☐ Watch
- ☐ Phone charger

## Spares

- ☐ Clip-ons / handlebars
- ☐ Tools to remove phone mount
- ☐ Grips
- ☐ Rear sets
- ☐ Levers
- ☐ Windshield
- ☐ Gearing options
- ☐ Chain (shorter/longer with master links)
- ☐ Fork springs / shock springs
- ☐ Brake pads

## Bike

- ☐ Ignition/gas cap key
- ☐ Front & rear stands
- ☐ Peg stands
- ☐ Warmers
- ☐ Lap timer
- ☐ Generator + fuel, key, extension cords
- ☐ Fuel can
- ☐ Spare tire

## Tools

- ☐ Ratchets + extensions
- ☐ Socket set
- ☐ Allen tools
- ☐ Screwdriver set
- ☐ Pliers
- ☐ Wire cutters
- ☐ Work gloves
- ☐ Tire pressure gauge
- ☐ Bike pump / air compressor / air tank
- ☐ Chain breaker/rivet tool
- ☐ Brake bleeding kit + container
- ☐ Torque wrench
- ☐ ECU connection cable
- ☐ Transport vehicle necessities (lug wrench, etc.)

## Chemicals & Consumables

- ☐ Gas can w/ gas
- ☐ Blue tape
- ☐ Brake/contact cleaner
- ☐ Chain cleaner & lube
- ☐ Shop towels
- ☐ Chain cleaner
- ☐ Chain lube
- ☐ Oil
- ☐ Brake fluid
- ☐ Coolant
- ☐ Spray polish
- ☐ Paper towels / blue towels
- ☐ Rubber gloves
- ☐ Zip ties
- ☐ Cotter pins
- ☐ Duct tape
- ☐ Electrical tape
- ☐ Painters tape
- ☐ Windex
- ☐ Graduated beaker
- ☐ Siphon
- ☐ Oil/coolant for transport vehicle

## Transport

- ☐ Wheel chock / bike hold-downs
- ☐ Tie-down straps
- ☐ Ramps
- ☐ Bungee cords
- ☐ Cable bike locks
- ☐ Trailer locks
- ☐ Receiver lock
- ☐ Trailer spare tire
- ☐ Trailer hitch motorcycle carrier
- ☐ Spare tire/necessities for transport vehicle and trailer

## Rider Comfort / Pit Area

- ☐ Canopy (+ straps)
- ☐ Table
- ☐ Chairs / camping chairs
- ☐ Folding table(s)
- ☐ Flooring/carpet
- ☐ Sun tent
- ☐ Cooler
- ☐ Water, juice, coconut water, Clif Bars/RX Bars, trail mix
- ☐ Coffee thermos (for drive home)
- ☐ Sandwiches (x2) / prep food
- ☐ Carrots, bananas, grapes
- ☐ Favorite snacks
- ☐ Camping stove or grill (if needed)
- ☐ Garbage bags
- ☐ Extension cords (warmers & fan)
- ☐ Fan
- ☐ Notebook (track maps, setup sheets)
- ☐ Folder with hotel reservations / registration
- ☐ Phone & charger
- ☐ Wallet
- ☐ Emergency card (contact info, insurance, blood type, key locations)

## Food & Hydration

- ☐ Water, water, water
- ☐ Electrolyte drinks / coconut water
- ☐ Bananas, carrots, grapes
- ☐ Trail mix
- ☐ Clif bars / RX bars
- ☐ Sandwiches
- ☐ Cooler with ice
- ☐ Dry/warm food bag
- ☐ Silverware

## Day Before

- ☐ Get groceries
- ☐ Fill gas tanks (car, bike, can)
- ☐ Prep bike (tape, unplug headlights, remove mirrors)
- ☐ Make sandwiches & prep food
- ☐ Plan commute to arrive >1 hr early
- ☐ Hydrate well
- ☐ Go to bed on time

## Morning Of

- ☐ Make coffee & fill water
- ☐ Start hydrating
- ☐ Grab food from fridge
- ☐ Double-check list